

Date of test: \_\_\_\_ / \_\_\_\_ / \_\_\_\_

GXT/ SE/ DE/ Cnst Dr: \_\_\_\_\_

Place of birth: \_\_\_\_\_

Employment: \_\_\_\_\_

Single/Married/Divorced/Widowed (circle one)

# of children: \_\_\_\_\_



Please list any medications you are currently taking: (If you brought your medications, we'd be happy to complete this for you)

Medication	Dose	Frequency

Are you allergic to any medication?

\_\_\_\_\_

Do you have a drug plan?  Yes  No

**What is your approximate height and weight?**

Height: \_\_\_\_\_ Weight: \_\_\_\_\_

**What are your cardiac risk factors?**

1. Have you ever smoked?  Yes  No If yes, how many per day? \_\_\_\_\_ Did you recently quit, when? \_\_\_\_\_
2. Do you have diabetes?  Yes  No How long? \_\_\_\_\_
3. Do you have high blood pressure?  Yes  No  Don't know
4. Do you have high cholesterol?  Yes  No  Don't know
5. Do you consume alcohol?  Yes  No How many drinks per week? \_\_\_\_\_
6. Do you have any first degree (parents, siblings) relatives who have had angina, heart attack(s), or a stroke at an age less than 65 years?

If so:	Relation	Age
	_____	_____
	_____	_____
	_____	_____
	_____	_____
	_____	_____

**Your health history:**

Please list any previous operations/significant illnesses/hospital stays

Date	Operation/Illness/Hospitalization
_____	_____
_____	_____
_____	_____
_____	_____

**Reason for visit: (Leave blank any areas that do not apply to you)**

1. What is your present complaint?

- Chest discomfort       Dizziness/light-headedness  
 Shortness of breath       Palpitations       Other: \_\_\_\_\_

2. How long ago did your symptoms start? What does the discomfort feel like (sharp, pressure, tightness, etc)?

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

3. Is there a pattern or a cause for your symptoms (with exertion, eating, at random, etc)? How long does an episode last (seconds, minutes, hours)?

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

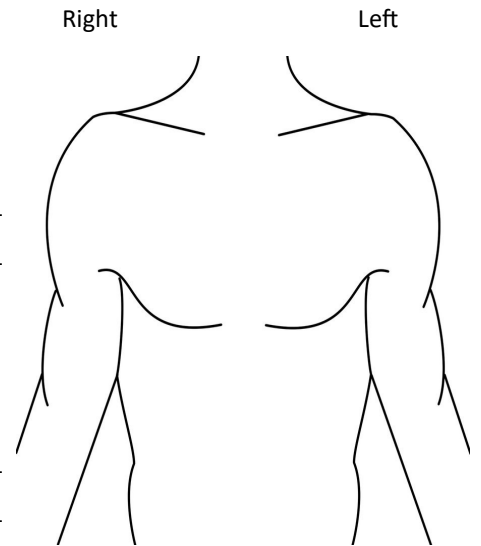
4. Is there anything that helps relieve your symptoms?

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

5. Please indicate on the diagram the location of your symptoms.



**Consent:**

Although exercise testing is a very safe procedure, adverse reactions including, but not limited to, chest pain, arrhythmia, and heart attack have been reported and can be expected to occur at a rate of up to 1 per 10 000 tests.

The test will be stopped by the technologist or physician if you are having significant difficulty and will be stopped immediately anytime at your request.

I understand fully what is involved and the risk. My signature acknowledges my voluntary consent to perform the test.

Signed: X \_\_\_\_\_ Date: \_\_\_\_\_

Print Name: \_\_\_\_\_